

Dr. Helen Liebling: Curriculum Vitae

1. CURRENT POSITION:

Chartered Clinical Psychologist, BUPA, Talking Therapies Team,
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2. QUALIFICATIONS AND EDUCATION:

2005: Ph.D. Women and Gender, University of Warwick
1998: M.Sc. Forensic Behavioural Science, Liverpool University
1990: M.Phil. Clinical Psychology, Edinburgh University
1984: B.Sc. (Hons) 2: 1: Psychology, University College of Swansea

3. CURRENT POSITIONS AND HONOURS:

Ongoing: Associate Researcher, Gender, Health and Justice Research Unit, University of Cape Town.
2025: Trustee, Welcome Here Refugee Organisation, Leamington Spa.
2023-2025: Nominated as a member of the External Advisory Board for the TRANSFORM Project at the University of Warwick to improve access to care and outcomes of serious mental health problems in slums in Bangladesh and Nigeria.
2020-2021: Nominated to attend EU Network for Dialogue-European Platform where three policy documents were drafted for refugee support. I worked as an author developing policy on social inclusion and Education for refugees in the EU and beyond.
2009: Research Prize for Outstanding Research Presentation on Liberian Women Survivors of Conflict Sexual Violence. Sexual Violence Research Initiative Forum, South Africa
2003: Associate Professor in Clinical Psychology, Coventry, and Warwick Universities.
2003: Honorary Tutor, School of Psychology, University of Birmingham.
2003: Honorary Assistant Clinical Professor, Department of Psychology, University of Warwick.
2001: Clinical Lead for Refugees, Coventry & Warwickshire NHS Partnership Trust.
1998 – ongoing: Founding member of African Psycare Research Organisation, Uganda.
1994: Phil Strong Memorial Prize, British Sociological Association.

4. PROFESSIONAL POSTS HELD DURING LAST 20 YEARS:

2003-2024: Assistant Professor in Research and Clinical Psychology, Coventry & Warwick Universities.
2019-2022: Clinical Lead for Refugees, Coventry & Warwickshire NHS Partnership Trust.
2001-2019: Principal Clinical Psychologist, Coventry & Warwickshire NHS Partnership Trust, CWPT.
2016-2020: External Examiner, Clinical Psychology, Trinity College, Dublin.
2011-2016: External Examiner, Clinical Psychology, University of East London.
2006-2011: External Examiner, Clinical Psychology, Plymouth University.
1999-2005: Ph.D. Centre for the Study of Women & Gender, Department, University of Warwick.
1998-1999: Senior Lecturer, Institute of Psychology, Makerere University, Uganda.
1996-1998: Principal Clinical Psychologist, Leeds Mental Health Services.
1992-1996: Senior-Principal Clinical Psychologist, Ashworth High Security Hospital.
1990-1992: Clinical Psychologist, Tayside Health Authority/Scottish Prison Service.

5. JOURNAL ARTICLES SINCE 2008:

- Liebling, H., Barrett, H., Artz, L. & Shahid, A. (2024) Viable Justice: Survivors of Sexual and Gender-Based Violence and/or Torture amongst South Sudanese Refugees Living in Settlements in Northern Uganda. *International Journal of Migration, Health, and Social Care*. DOI: [10.1108/IJMHSC-12-2022-0121](https://doi.org/10.1108/IJMHSC-12-2022-0121)
- Asmal-Lee, M., Liebling, H., Goodman, S. (2022) "Syria is Our Mom, UK is Like Aunty": The Psychosocial Experiences of Acculturation in Syrian Refugees, *Refugee Survey Quarterly*, Volume 41, Issue 4, December 2022, Pages 645–672, <https://doi.org/10.1093/rsq/hdac009>
- Anastasiou, E., Liebling, H., Webster, M., & MacCallum, F. (2022). Service Providers' Experiences and Views on the Mental Health and Well-Being Services for Syrian refugees in Coventry and Warwickshire. *European Journal of Psychology Open*, 1–13 <https://doi.org/10.1024/2673-8627/a000017>
- Prajapati, R., & Liebling, H. (2021) Accessing Mental Health Services: A Systematic Review and Meta-ethnography of the Experiences of South Asian Service Users in the UK. *Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-021-00993-x>
- Liebling, H., Barrett, H., & Artz, L. (2020) Sexual and Gender-Based Violence and Torture Experiences Of South Sudanese Refugees In Northern Uganda: Health And Justice Responses. *African Journal of Traumatic Stress*, 5, 1. <https://apro-ug.com/ajts/#vol5>
- Liebling, H., Barrett, H. & Artz, L. (2020) Sexual and Gender-Based Violence and Torture Experiences of Sudanese Refugees in Northern Uganda: Health and Justice Response. *International Journal of Migration, Health, and Social Care*. October 2020. <https://www.emerald.com/insight/content/doi/10.1108/IJMHSC-10-2019-0081/full/html>
- Liebling, H., Barrett, H. & Artz, L. (2020) South Sudanese Refugee Survivors of Sexual and Gender-Based Violence and Torture: Health and Justice Service Responses in Northern Uganda. *International Journal of Environment Research and Public Health*, 17, (5), 1685; <https://doi.org/10.3390/ijerph17051685>
- Glover, J., Liebling, H. & Barrett, H. (2018). Persistence and Resistance of Harmful Traditional Practices (HTPs) Perpetuated against Girls in Africa and Asia. *Journal of International Women's Studies*, 19, 2, 44-64.
- Glover, J., Liebling, H., Goodman, S. & Barrett, H. (2017). The Psychological and Social Impact of Female Genital Mutilation: *Journal of International Studies*, 10, (2), 219-238.
- Glover, J., & Liebling, H. (2017) Reflections on research with survivors of female genital mutilation. *Psychology of Women Section Review*, 19, 1, 17-26.
- Liebling H., Davidson, L., Canogura, G. & Ochola, G. (2016) The Experiences of Survivors and Trauma Counselling Service Providers in northern Uganda: Implications for Mental Health Policy and Legislation. *International Journal of Law and Psychiatry*, 49, 84-92.
- Goodman, S., Burke, S., Liebling, H., & Zasada, D. (2015) "I Can't Go Back Because If I Go Back, I Would Die": How Asylum Seekers Manage Talk about Returning Home by Highlighting the Importance of Safety'. *Journal of Community and Applied Social Psychology*, 25 (4), 327-339.
- Liebling, H., Burke, S., Goodman, S. & Zasada, D. (2014) 'Understanding the Experiences of Asylum Seekers'. *International Journal of Migration, Health, and Social Care*, 10 (4), 207-219.
- Liebling, H., Davidson, L., Canogura, G. & Ochola, G. (2014). 'Improvements to National Health Policy: Mental Health, Mental Health Bill, Legislation and Justice.' *African Journal of Traumatic Stress*, 3 (2), 55-64
- Liebling, H., Winter, D., Ruratotoye, B., Slegh, H. & Brown, R. (2014) 'Resilience in the face of adversity: Case studies in Sierra Leone and Eastern Congo'. *Clinical Psychology Forum*, 258, 61-65.
- Clare, M., Goodman, S., Liebling, H., & Laing, H. (2014) A Discourse Analysis of African Women Asylum Seekers Talk about Emotions'. *Journal of International Women's Studies*, 15 (1), 83-95.
- Goodman, S., Burke, S., Liebling, H., & Zasada, D. (2013) "I'm not happy, but I'm ok": How asylum seekers manage talk about difficulties in their host country. *Critical Discourse Studies*, 1-22.

- Liebling, H. (2012) The Hidden Consequences of Rape and Sexual Violence. UNA-UK *New World*.
- Liebling, H., Slegh, H. & Ruratotoye, B. (2012) Women and Girls Bearing Children through Rape in Goma, Eastern Congo: Stigma, Health, and Justice Responses. *Itupale Online Journal of African Studies*, 18-44.
- Liebling, H. (2012) Experiences of a young girl abducted by the Lord's Resistance Army, Northern Uganda. *Psychology of Women Section Review*, 14, 1, spring, 44-48. British Psychological Society. Leicester.
- Sherwood, K. & Liebling, H. (2012) A Grounded Theory Investigation into the Experiences of African Women Refugees: Effects on Resilience and Identity and Implications for Service Provision. *Journal of International Women's Studies*, 13, 1, 86-108.
- Liebling-Kalifani, H. Mwaka, V., Ojiambo-Ochieng, R., Were-Oguttu, J., Kinyanda, E., Kwekwe, D., Howard, L. & Danuweli, D. (2011) Women War Survivors of the 1989-2003 Conflict in Liberia: The Impact of Sexual and Gender-Based Violence. *Journal of International Women's Studies*, 12, 1, 1-21.
- Guhan, R. & Liebling-Kalifani, H. (2011) The Experiences of Staff Working with Refugees and Asylum Seekers in the United Kingdom: A Grounded Theory Exploration. *Journal of Immigrant & Refugee Studies*, 9, 1-23, 31st August 2011. Taylor & Francis Publishers.
- McCauley, M., Liebling-Kalifani, H., & Hacker-Hughes, J. (2011) Military Mental Health Professionals during Operational Deployment: An Exploratory Study. *Community Mental Health Journal*, 48, 238-248.
- Liebling-Kalifani, H. (2010) Women War-Torture Survivors in Luwero District, Uganda: Implications for Gender-Sensitive Services. *African Conflict Profile, Journal of the Centre for Ethnic and Conflict Studies*. University of Port Harcourt, Rivers State. Nigeria, 1-45.
- Liebling-Kalifani, H., & Baker, B. (2010) Women War Survivors of Sexual Violence in Liberia: Inequalities in Health, Resilience and Justice. *The Journal of International Social Research: Woman Studies Special Issue*, 3, 13, 188-199.
- Liebling-Kalifani, H. et al. (2010) Research, Training and Consultancy with War Survivors in Africa. In, *Clinical Psychology Forum Clinical Psychology around the World*, G. Latchford & S. Melluish. (Eds.), 69-91.
- Kinyanda, E., Nakiboneka, V., Ojiambo-Ochieng, R., Were-Oguttu, J., Gayflor, V., Liebling-Kalifani, H., & Diawara-Howard, L. (2010) Prevalence and correlates psychological distress as seen in post-conflict Liberia. *African Journal of Traumatic Stress*, 1, 2, 96-102.
- Liebling-Kalifani, H., & Baker, B. (2010) Justice and health provision for survivors of sexual violence in Kitgum, northern Uganda. *African Journal of Traumatic Stress*, 1, 1, 22-31.
- McCauley, M., Liebling-Kalifani, H., & Hacker-Hughes, J. (2010) Military Mental Health Professionals during Operational Deployment. *Professional Psychology: Research and Practice*, 7-20.
- McCauley, M., Hacker-Hughes, J. & Liebling-Kalifani, H. (2010) Well-Being of Military Mental Health Staff. *Mental Health Practice*, 14, 4, 14-19.
- Crawford, E., Liebling-Kalifani, H., & Hill, V. (2009) Women's understanding of the effects of domestic abuse: the impact on their identity, sense of self and resilience: a grounded theory approach. *Journal of International Women's Studies*, 63-82.
- Liebling-Kalifani, H. et al. (2008) Violence against Women in Northern Uganda: The Neglected Health Consequences of War. *Journal of International Women's Studies*, 9, 3, 174-192.
- McCauley, M., Hacker, J., & Liebling-Kalifani, H. (2008) Ethical Considerations for Military Clinical Psychologists: A Review of Selected Literature. *Military Psychology*, 7-20.

6. BOOK PUBLICATIONS:

- Liebling, H. (2023) *Nahule's Travels and Adventures: Writing for Survivors in Africa*. Aurora House.
- Liebling, H., & Baker, B. (2010) *Justice and Health Provision for Survivors of Sexual Violence: a case study of Kitgum, northern Uganda*. LAP Lambert. Germany.

- Liebling-Kalifani, H. (2009) *A gendered analysis of the experiences of Ugandan women war survivors*. VDM Verlag Dr. Muller.

7. BOOK CHAPTERS:

- Liebling, H. & Barrett, H. (2021) *Social Enterprise Groups for South Sudanese Refugee Survivors of Sexual and Gender-Based Violence and Torture Living in Settlements in Northern Uganda*. Volume VI of the Asian Yearbook of Human Rights and Humanitarian Law.
- Liebling, H. (2018) Personal Reflections on working with Survivors of Sexual and Gender-based Violence & Torture. In, *In/visible Traumas: Healing, Loving, Writing*. Pujolràs-Noguer & Hand.
- Liebling, H. (2018) Service Responses for Survivors of Conflict and Post-Conflict Sexual and Gender-Based Violence and Torture in the Great Lakes Region: A Holistic Model of Care. Colleen O'Manique & Pieter Fourie (Eds.) *Global Health and Security: Critical Feminist Perspectives*. Routledge.
- Goodman, S., Liebling, H. & Burke, S. (2017) Understanding Refugees Lives. In, Niven, K., Lewis, S. & Kagan, C. (Eds.) *Making a Difference in Psychology*. Richard Benjamin Trust, London.
- <http://www.richardbenjamintrust.co.uk/uploads/images/Making%20a%20difference%20with%20psychology%20PDF.pdf>
- Liebling, H. (2015) 'Conflict and Post-Conflict Sexual Violence in Africa: Case Studies of Liberia, northern Uganda and eastern Democratic Republic of Congo'. A.R. Ackerman. & R. Furman. (Eds.). *Sexual Crimes: Transnational Problems and Global Perspectives*. New York, NY: Columbia University Press.
- Liebling-Kalifani, H. (2010) Research and Intervention with Women War Survivors in Uganda: Resilience and Suffering as the Consequences of War, in *War, Medicine and Gender: The Sociology and Anthropology of Structural Suffering*, H. Bradby. & G. Lewando-Hundt. (Eds.). Ashgate Books.
- Liebling-Kalifani, H. et al. (2009) Experiences of Women War-Torture Survivors in Uganda: Implications for Health and Human Rights, S.K. Multani. (Ed.) *Women and Armed Conflicts: Consequences and Coping Mechanisms*. The Icfai University Press. India, 129-150.

8. RECENT FUNDING AWARDED:

- ESRC Acceleration Impact Award (2023-2024) *Policy Stakeholder Engagement to Improve Cultural and Gendered-Sensitivity for Women and Men Refugee Survivors of Sexual and Gender-Based Violence and Torture in Uganda*. £4990 with Professor Hazel Barrett (PI).
- CLAMP project funding (2019-ongoing) Community Well-Being and Mental Health Project amongst Urban Refugees in Uganda. £73,000 plus recurrent \$10,000 per year. [CLAMP: Bringing Mental Health and Psychosocial Support to urban refugees | The Global Compact on Refugees | Digital platform \(globalcompactrefugees.org\)](#)
- Enterprise Grant (2018-2019). *Peer Group Micro-Projects for South Sudanese Refugees to improve livelihoods and health of participants who have suffered torture and/or sexual and gender-based violence*. £19,981.20 with Professor Hazel Barrett and Pascal Niyonkuru. [Social-Enterprise Groups for South Sudanese Refugee Survivors | The Global Compact on Refugees | Digital platform \(globalcompactrefugees.org\)](#)
- Coventry and Rugby Clinical Commissioning Group (2018) *Understanding and Addressing Asylum Seekers' health and wellbeing in Coventry and Rugby*. £14, 335. Goodman (PI) and Brady (CI).
- British Academy/Leverhulme Trust (2018). *Sexual and Gender-Based Violence and Torture Experiences of Sudanese Refugees in northern Uganda: Health and Justice Responses*. £9990 with Barrett, CU.
- *Refugees Journey's: Well-Being, Resilience and Justice*. CWPT, British Psychological Society & City of Sanctuary. £4600. 2016.
- Spanish Ministry. *In/visible Traumas: Writing to Build Peace*. 2016.
- ECQ Funding. Enhancing Learning from Lived Experiences Buddy System. £3300. 2015.

- Assessment of the mental health and well-being of refugees and asylum seekers in CWPT as the experiences of staff working with them (2015). £500.00 CWPT.
- UAB Solidarity Foundation. Project title: Creative Writing Workshops as Therapy. £4900. 2014.
- Isis-Women's International Cross-Cultural Exchange, Isis-WICCE (Women's International Peace Centre): Writing as Healing. Creative writing workshop led in Kampala, £2000, July 2014.
- Experiences of Trauma Services in northern Uganda and Rwanda: Implications for Mental Health Policy and Legislation. British Academy/Leverhulme £9970.00, 2013.
- Social Development Direct Consultancy on Assessing Values of Counselling in International Parenthood Planning Federation counselling services. 2013.
- EC travel grant to present paper at 3rd European Conference on Politics and Gender in Barcelona, Spain on 21-13 March 2013 and to work on ESRC research grant, 2013.
- Development of ESRC research grant focussing on Service Providers who work with Survivors of Conflict Sexual Violence, Research Sabbatical Fellowship, South Africa, Coventry University, £1800, 2012.
- Women who bear children through rape during conflict: stigma, health, and justice responses in eastern Congo. Small Research Grant. British Academy with Henny Slegh, £7410.00, 2011-2012.
- British Academy Overseas Conference Grant, 2011.
- Experiences of Refugees in the Midlands, Richard Benjamin Trust with Dr. Simon Goodman, £9954.34, 2011-2012.
- Post-Conflict Research with War Survivors, Applied Research Fellowship, Coventry University, £5,000, 2010 to 2011.
- Presentation of two papers: prize for outstanding research presentation at Sexual Violence Research Initiative Forum Conference, Johannesburg. British Academy: Overseas Conference Grant, 2009.
- The Governance of Sexual Violence in Northern Uganda, British Academy Small Research Grant with Professor Bruce Baker: £7,450, 2009 to 2010.
- Royal Society Conference Grant, £1,385, 2008.
- Traditional Ugandan Music and Dance from Busoga, Eastern Uganda, West Midlands: Awards for All Lottery Funding, £9,440, 2008 to 2009.
- Workshop on women war survivors with Isis-WICCE, International Women's Summit, Nairobi, British Academy Conference Grant, 2007.
- Disseminating Traditional Ugandan Music through Community Workshops, Arts Council, West Midlands, £4,600, 2006 to 2007.
- Applied Research Fellowship, Coventry University, £3,584, 2006.
- To build a bore-well for war survivors, Kamuli, Uganda, Rotary International, £5,000, 2005.
- Small research grant, Coventry University, £2,934, 2005 to 2007.
- Funding to feedback research to IRCT, Copenhagen, and the Department of Women, Gender and Health, World Health Organisation, Geneva, Centre for Social Justice, Coventry University, 2004.

Date: 29th January 2025