

Dr. Helen Liebling: Curriculum Vitae

1. CURRENT POSITION:

Research Associate, Gender, Health and Justice Research Unit, University of Cape Town. [RESEARCH AFFILIATES | Gender, Health and Justice Research Unit](#)

2. QUALIFICATIONS AND EDUCATION:

2005: Ph.D. Women and Gender, University of Warwick
1998: M.Sc. Forensic Behavioural Science, Liverpool University
1990: M.Phil. Clinical Psychology, Edinburgh University
1984: B.Sc. (Hons) 2: 1: Psychology, University College of Swansea

3. CURRENT POSITIONS AND HONOURS:

Dec 2025: Beacon of healing award presented by Women's Regional Network East Africa in Ngong Hills, Kenya.
July 2025: Audiobook *Nalule's Travels and Adventures: Writing for Survivors in Africa* (Liebling, 2025) recorded at Forever Audio studios and produced by Aurora House publishers: [Nalule's Travels and Adventures Audiobook by Helen Liebling - Listen Free | Rakuten Kobo Canada](#)
2023-2025: Nominated member of External Advisory Board for TRANSFORM Project, University of Warwick: improve access to care & outcomes of mental health problems in slums in Bangladesh and Nigeria.
2020-2021: Nominated to attend EU Network for Dialogue-European Platform where three policy documents were drafted for refugee support. I worked as an author developing policy on social inclusion and Education for refugees in the EU and beyond.
2009: Research Prize for Outstanding Research Presentation on Liberian Women Survivors of Conflict Sexual Violence. Sexual Violence Research Initiative Forum, South Africa
2003: Associate Professor in Clinical Psychology, Coventry, and Warwick Universities.
2003: Honorary Tutor, School of Psychology, University of Birmingham.
2003: Honorary Assistant Clinical Professor, Department of Psychology, University of Warwick.
2001: Clinical Lead for Refugees, Coventry & Warwickshire NHS Partnership Trust.
1998: Founding member of African Psycare Research Organisation, Uganda (ongoing).
1994: Phil Strong Memorial Prize, British Sociological Association.

4. PROFESSIONAL POSTS HELD DURING LAST 20 YEARS:

2003-2024: Assistant Professor in Research and Clinical Psychology, Coventry & Warwick Universities.
2019-2022: Clinical Lead for Refugees, Coventry & Warwickshire NHS Partnership Trust.
2001-2019: Principal Clinical Psychologist, Coventry & Warwickshire NHS Partnership Trust, CWPT.
2016-2020: External Examiner, Clinical Psychology, Trinity College, Dublin.
2011-2016: External Examiner, Clinical Psychology, University of East London.
2006-2011: External Examiner, Clinical Psychology, Plymouth University.
1999-2005: Ph.D. Centre for the Study of Women & Gender, Department, University of Warwick.
1998-1999: Senior Lecturer, Institute of Psychology, Makerere University, Uganda.
1996-1998: Principal Clinical Psychologist, Leeds Mental Health Services.
1992-1996: Senior-Principal Clinical Psychologist, Ashworth High Security Hospital.
1990-1992: Clinical Psychologist, Tayside Health Authority/Scottish Prison Service.

5. SELECTED JOURNAL ARTICLES SINCE 2010:

- Liebling, H., Barrett, H., Artz, L. & Shahid, A. (2024) Viable Justice: Survivors of Sexual and Gender-Based Violence and/or Torture amongst South Sudanese Refugees Living in Settlements in Northern Uganda. *International Journal of Migration, Health, and Social Care*. DOI: 10.1108/IJMHSC-12-2022-0121
- Asmal-Lee, M., Liebling, H. & Goodman, S. (2022) "Syria is Our Mom, UK is Like Aunty": The Psychosocial Experiences of Acculturation in Syrian Refugees, *Refugee Survey Quarterly*, Volume 41, Issue 4, December 2022, Pages 645–672, <https://doi.org/10.1093/rsq/hdac009>

- Anastasiou, E., Liebling, H., Webster, M., & MacCallum, F. (2022). Service Providers' Experiences and Views on the Mental Health and Well-Being Services for Syrian refugees in Coventry and Warwickshire. *European Journal of Psychology Open*, 1–13 <https://doi.org/10.1024/2673-8627/a000017>
- Prajapati, R., & Liebling, H. (2021) Accessing Mental Health Services: A Systematic Review and Meta-ethnography of the Experiences of South Asian Service Users in the UK. *J. Racial and Ethnic Health Disparities*.
- Liebling, H., Barrett, H., & Artz, L. (2020) Sexual and Gender-Based Violence and Torture Experiences Of South Sudanese Refugees In Northern Uganda: Health And Justice Responses. *African Journal of Traumatic Stress*, 5, 1.
- Liebling, H., Barrett, H. & Artz, L. (2020a) Sexual and Gender-Based Violence and Torture Experiences of Sudanese Refugees in Northern Uganda: Health and Justice Response. *International Journal of Migration, Health, and Social Care*. October 2020.
- Liebling, H., Barrett, H. & Artz, L. (2020b) South Sudanese Refugee Survivors of Sexual and Gender-Based Violence and Torture: Health and Justice Service Responses in Northern Uganda. *International Journal of Environment Research and Public Health*, 17, (5), 1685; <https://doi.org/10.3390/ijerph17051685>
- Glover, J., Liebling, H. & Barrett, H. (2018). Persistence and Resistance of Harmful Traditional Practices (HTPs) Perpetuated against Girls in Africa and Asia. *Journal of International Women's Studies*, 19, 2, 44-64.
- Glover, J., Liebling, H., Goodman, S. & Barrett, H. (2017). The Psychological and Social Impact of Female Genital Mutilation: *Journal of International Studies*, 10, (2), 219-238.
- Glover, J., & Liebling, H. (2017) Reflections on research with survivors of female genital mutilation. *Psychology of Women Section Review*, 19, 1, 17-26.
- Liebling H. et al. (2016) The Experiences of Survivors and Trauma Counselling Service Providers in northern Uganda: Implications for Mental Health Policy and Legislation. *International Journal of Law and Psychiatry*, 49, 84-92.
- Goodman, S., Burke, S., Liebling, H., & Zasada, D. (2015) 'I Can't Go Back Because If I Go Back, I Would Die': How Asylum Seekers Manage Talk about Returning Home by Highlighting the Importance of Safety'. *Journal of Community and Applied Social Psychology*, 25 (4), 327-339.
- Liebling, H., Burke, S., Goodman, S. & Zasada, D. (2014) 'Understanding the Experiences of Asylum Seekers'. *International Journal of Migration, Health, and Social Care*, 10 (4), 207-219.
- Liebling, H., Davidson, L., Canogura, G. & Ochola, G. (2014). 'Improvements to National Health Policy: Mental Health, Mental Health Bill, Legislation and Justice.' *African Journal of Traumatic Stress*, 3 (2), 55-64
- Liebling, H., Winter, D., Ruratotoye, B., Slegh, H. & Brown, R. (2014) 'Resilience in the face of adversity: Case studies in Sierra Leone and Eastern Congo'. *Clinical Psychology Forum*, 258, 61-65.
- Clare, M., Goodman, S., Liebling, H., & Laing, H. (2014) A Discourse Analysis of African Women Asylum Seekers Talk about Emotions'. *Journal of International Women's Studies*, 15 (1), 83-95.
- Goodman, S., Burke, S., Liebling, H., & Zasada, D. (2013) "I'm not happy, but I'm ok": How asylum seekers manage talk about difficulties in their host country. *Critical Discourse Studies*, 1-22.
- Liebling, H. (2012) The Hidden Consequences of Rape and Sexual Violence. *UNA-UK New World*.
- Liebling, H., Slegh, H. & Ruratotoye, B. (2012) Women and Girls Bearing Children through Rape in Goma, Eastern Congo: Stigma, Health, and Justice Responses. *Itupale Online Journal of African Studies*, 18-44.
- Liebling, H. (2012) Experiences of a young girl abducted by the Lord's Resistance Army, Northern Uganda. *Psychology of Women Section Review*, 14, 1, spring, 44-48. British Psychological Society. Leicester.
- Sherwood, K. & Liebling, H. (2012) A Grounded Theory Investigation into the Experiences of African Women Refugees: *Journal of International Women's Studies*, 13, 1, 86-108.
- Liebling-Kalifani, H. et al. (2011) Women War Survivors of the 1989-2003 Conflict in Liberia: The Impact of Sexual and Gender-Based Violence. *Journal of International Women's Studies*, 12, 1, 1-21.
- Guhan, R. & Liebling-Kalifani, H. (2011) The Experiences of Staff Working with Refugees and Asylum Seekers in the United Kingdom. *Journal of Immigrant & Refugee Studies*, 9, 1-23, 31st August 2011. Taylor & Francis Publishers.

- McCauley, M., Liebling-Kalifani, H., & Hacker-Hughes, J. (2011) Military Mental Health Professionals during Operational Deployment: An Exploratory Study. *Community Mental Health Journal*, 48, 238-248.
- Liebling-Kalifani, H. (2010) Women War-Torture Survivors in Luwero District, Uganda: Implications for Gender-Sensitive Services. *African Conflict Profile, Journal of the Centre for Ethnic and Conflict Studies*. Nigeria, 1-45.
- Liebling-Kalifani, H., & Baker, B. (2010) Women War Survivors of Sexual Violence in Liberia: Inequalities in Health, Resilience and Justice. *The Journal of International Social Research: Woman Studies Special Issue*, 3, 13, 188-199.
- Liebling-Kalifani, H. et al. (2010) Research, Training and Consultancy with War Survivors in Africa. In, *Clinical Psychology Forum Clinical Psychology around the World*, G. Latchford & S. Melliish. (Eds.), 69-91.
- Kinyanda, E., Nakiboneka, V., Ojiambo-Ochieng, R., Were-Oguttu, J., Gayflor, V., Liebling-Kalifani, H., & Diawara-Howard, L. (2010) Prevalence and correlates psychological distress as seen in post-conflict Liberia. *African Journal of Traumatic Stress*, 1, 2, 96-102.
- Liebling-Kalifani, H., & Baker, B. (2010) Justice and health provision for survivors of sexual violence in Kitgum, northern Uganda. *African Journal of Traumatic Stress*, 1, 1, 22-31.
- McCauley, M., Liebling-Kalifani, H., & Hacker-Hughes, J. (2010) Military Mental Health Professionals during Operational Deployment. *Professional Psychology: Research and Practice*, 7-20.
- McCauley, M., Hacker-Hughes, J. & Liebling-Kalifani, H. (2010) Well-Being of Military Mental Health Staff. *Mental Health Practice*, 14, 4, 14-19.

6. BOOK PUBLICATIONS:

- Liebling, H. (2023) *Nalule's Travels and Adventures: Writing for Survivors in Africa*. Aurora House.
- Liebling, H., & Baker, B. (2010) *Justice and Health Provision for Survivors of Sexual Violence: a case study of Kitgum, northern Uganda*. LAP Lambert. Germany.
- Liebling-Kalifani, H. (2009) *A gendered analysis of the experiences of Ugandan women war survivors*. VDM Verlag Dr. Muller.

7. BOOK CHAPTERS:

- Liebling, H. & Barrett, H. (2021) *Social Enterprise Groups for South Sudanese Refugee Survivors of Sexual and Gender-Based Violence and Torture Living in Settlements in Northern Uganda*. Volume VI of the Asian Yearbook of Human Rights and Humanitarian Law.
- Liebling, H. (2018) Personal Reflections on working with Survivors of Sexual and Gender-based Violence & Torture. In, *In/visible Traumas: Healing, Loving, Writing*. Pujolràs-Noguer & Hand.
- Liebling, H. (2018) Service Responses for Survivors of Conflict and Post-Conflict Sexual and Gender-Based Violence and Torture in the Great Lakes Region: A Holistic Model of Care. Colleen O'Manique & Pieter Fourie (Eds.) *Global Health and Security: Critical Feminist Perspectives*. Routledge.
- Goodman, S., Liebling, H. & Burke, S. (2017) Understanding Refugees Lives. In, Niven, K., Lewis, S. & Kagan, C. (Eds.) *Making a Difference in Psychology*. Richard Benjamin Trust, London.
- Liebling, H. (2015) 'Conflict and Post-Conflict Sexual Violence in Africa: Case Studies of Liberia, northern Uganda and eastern Democratic Republic of Congo'. A.R. Ackerman. & R. Furman. (Eds.). *Sexual Crimes: Transnational Problems and Global Perspectives*. New York, NY: Columbia University Press.
- Liebling-Kalifani, H. (2010) Research and Intervention with Women War Survivors in Uganda: Resilience and Suffering as the Consequences of War, in *War, Medicine and Gender: The Sociology and Anthropology of Structural Suffering*, H. Bradby. & G. Lewando-Hundt. (Eds.). Ashgate Books.
- Liebling-Kalifani, H. et al. (2009) Experiences of Women War-Torture Survivors in Uganda: Implications for Health and Human Rights, S.K. Multani. (Ed.) *Women and Armed Conflicts: Consequences and Coping Mechanisms*. The Icfai University Press. India, 129-150.

8. RECENT SELECTED FUNDING AWARDED:

- ESRC Acceleration Impact Award (2023-2024) *Policy Stakeholder Engagement to Improve Cultural and Gendered-Sensitivity for Women and Men Refugee Survivors of Sexual and Gender-Based Violence and Torture in Uganda*. £4990 with Professor Hazel Barrett (PI).

- CLAMP project funding (2019-2025) Community Well-Being and Mental Health Project amongst Urban Refugees in Uganda. £73,000 plus recurrent \$10,000 per year. [CLAMP: Bringing Mental Health and Psychosocial Support to urban refugees | The Global Compact on Refugees | Digital platform \(globalcompactrefugees.org\)](#)
- Enterprise Grant (2018-2019). *Peer Group Micro-Projects for South Sudanese Refugees to improve livelihoods and health of participants who have suffered torture and/or sexual and gender-based violence*. £19,981.20 with Professor Hazel Barrett and Pascal Niyonkuru. [Social-Enterprise Groups for South Sudanese Refugee Survivors | The Global Compact on Refugees | Digital platform \(globalcompactrefugees.org\)](#)
- Coventry and Rugby Clinical Commissioning Group (2018) *Understanding and Addressing Asylum Seekers' health and wellbeing in Coventry and Rugby*. £14, 335. Goodman (PI) and Brady (CI).
- British Academy/Leverhulme Trust (2018). *Sexual and Gender-Based Violence and Torture Experiences of Sudanese Refugees in northern Uganda: Health and Justice Responses*. £9990 with Barrett, CU.
- *Refugees Journey's: Well-Being, Resilience and Justice*. CWPT, BPS & City of Sanctuary. £4600. 2016.
- Spanish Ministry. *In/visible Traumas: Writing to Build Peace*. 2016.
- ECQ Funding. Enhancing Learning from Lived Experiences Buddy System. £3300. 2015.
- Mental health and well-being of refugees and asylum seekers (2015). £500.00 CWPT.
- UAB Solidarity Foundation. Project title: Creative Writing Workshops as Therapy. £4900. 2014.
- Isis-Women's International Cross-Cultural Exchange, Isis-WICCE (Women's International Peace Centre): Writing as Healing. Creative writing workshop led in Kampala, £2000, July 2014.
- Experiences of Trauma Services in northern Uganda and Rwanda: Implications for Mental Health Policy and Legislation. British Academy/Leverhulme £9970.00, 2013.
- Social Development Direct Consultancy on Assessing Values of Counselling in International Parenthood Planning Federation counselling services. 2013.
- EC travel grant to present paper at 3rd European Conference on Politics and Gender in Barcelona, Spain on 21-13 March 2013 and to work on ESRC research grant, 2013.
- Development of ESRC research grant focussing on Service Providers who work with Survivors of Conflict Sexual Violence, Research Sabbatical Fellowship, South Africa, Coventry University, £1800, 2012.
- Women who bear children through rape during conflict: stigma, health, and justice responses in eastern Congo. Small Research Grant. British Academy with Henny Slegh, £7410.00, 2011-2012.
- British Academy Overseas Conference Grant, 2011.
- Experiences of Refugees in the Midlands, Richard Benjamin Trust with Dr. Simon Goodman, £9954.34, 2011-2012.
- Post-Conflict Research with War Survivors, Applied Research Fellowship, Coventry University, £5,000, 2010 to 2011.
- Presentation of two papers: prize for outstanding research presentation at Sexual Violence Research Initiative Forum Conference, Johannesburg. British Academy: Overseas Conference Grant, 2009.
- The Governance of Sexual Violence in Northern Uganda, British Academy Small Research Grant with Professor Bruce Baker: £7,450, 2009 to 2010.
- Royal Society Conference Grant, £1,385, 2008.
- Traditional Ugandan Music and Dance from Busoga, Eastern Uganda, West Midlands: Awards for All Lottery Funding, £9,440, 2008 to 2009.
- Workshop on women war survivors with Isis-WICCE, International Women's Summit, Nairobi, British Academy Conference Grant, 2007.
- Disseminating Traditional Ugandan Music through Community Workshops, Arts Council, West Midlands, £4,600, 2006 to 2007.
- Applied Research Fellowship, Coventry University, £3,584, 2006.
- To build a bore-well for war survivors, Kamuli, Uganda, Rotary International, £5,000, 2005.
- Small research grant, Coventry University, £2,934, 2005 to 2007.
- Funding to feedback research to IRCT, Copenhagen, and the Department of Women, Gender and Health, World Health Organisation, Geneva, Centre for Social Justice, Coventry University, 2004.